



WELCOME BACK COACH BONORA

(Class of '66)

It is with great pleasure and honor that we welcome Mr. Lou Bonora back to St. Mary High School. Lou was appointed the Head Girl's Basketball Coach for the 2009-2010 season. Coach Bonora has over 30 years of basketball coaching experience, as well as, 38 years of teaching experience. Currently Mr. Bonora teaches History and is the ISS Coordinator at John F. Kennedy High School in Paterson, New Jersey. Mr. Bonora, an alumnus of St. Mary, graduated from Kansas Newman College in Wichita, Kansas. Coach Bonora served as the Head Girl's Basketball Coach at John F. Kennedy High School from 1984-1993 and 2000-2002; Head Girl's Basketball Coach at Pope John High School from 2002-2005, and most recently as the Assistant Head Coach at John F. Kennedy during the 2008-2009 season. Coach Bonora's coaching accomplishments are outstanding:

- 5 State Sectional Championships
- 6 Passaic County Championships
- 2 Group IV State Championships
- Won NJState Tournament of Champions

- 8 Sectional Finals Appearances
- 5 NNJIL League Championships
- 1990 “Team of the Century” The Record and Herald News
- 58 game winning streak – 3rd highest in state history
- 1989-1990, 1990-1991 - #1 ranked teams in Star Ledger
- 1987-1988 team ranked #4 in USA Today

The Record, Herald News, Star Ledger and NY Daily News Tri-State All Metropolitan Coach of the Year 1986-1991, 2001

The St. Mary High School Community is excited to have Coach Bonora and look forward to the 2009-2010 basketball season.



Ms. Joella Pounds (Class of '04)

Returns To St. Mary High School

We are proud to announce that Ms. Joella Pounds will be joining the St. Mary High School staff for the 2009-10 school year. Ms. Pounds attended Long Island University on a full athletic scholarship and played in the Northeast Athletic Conference. She graduated in 2009 with a Masters Degree in Health Science and Athletic Training. Joella will work in the Development Office with Mr. Sheridan. She will also serve as the Athletic Trainer for our athletes and will be an assistant girls basketball coach during the winter season.

While at St. Mary, Ms. Pounds distinguished herself as an outstanding student/athlete. She was a member of the National Honor Society and participated in a variety of service organizations within the school. These included the Peer Ministry Program, S.O.A.R. and Student Council. Joella was one of the most honored athletes in St. Mary's legendary history.

Beginning in the fall season, she ran cross country track for 3 years and was honored by being selected *Second Team All-League (Bergen Record)*. During the fall season, Joella was a 4 year varsity basketball starter and was named Captain of the team in her sophomore year. She was a three time *All-League, All-County, All-Area player (Bergen Record, Herald News)* and was a recipient of the *Athlete of the Week* award (*Bergen Record*). During this time, she also was named to the *Freshman/Sophomore All State Team*. She scored her 1000th point in her junior year and was honored as one of the top five point guards in New Jersey by the Newark Star Ledger. She was nominated for the prestigious *Mc Donald All-American Tournament* in her senior year.

Joella was a three year varsity Softball player in the spring season. In her senior year she tore her ACL/meniscus in her right knee and did not play. However, during the three years that she played shortstop, she was twice selected *All-League and All-Area and Second Team All-County (Bergen Record)*.

Ms. Joella Pounds is a positive role model for any young lady. Her ability to dedicate herself to both academics and athletics has placed in a leadership role for everyone to admire and follow. We are honored to have a *Gael* of this stature return to the St. Mary High School family and extend our best wishes.