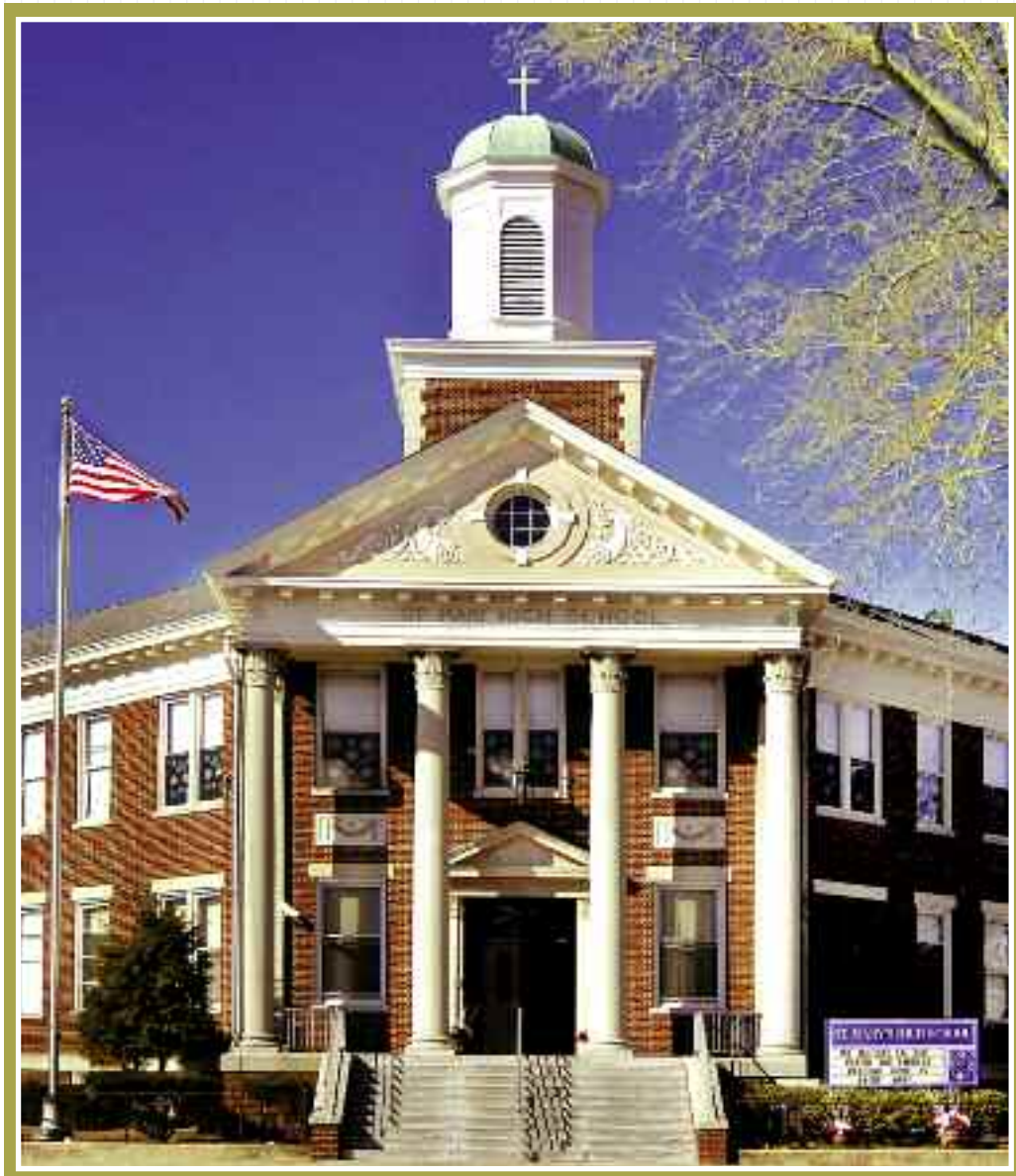


Saint Mary High School



Small, Personal, and Catholic – Our View Book



Mission Statement

Saint Mary High School is a Catholic co-educational secondary school whose mission is to develop the inherent abilities of its students to think independently, communicate effectively and solve problems creatively.

This mission is carried out within the framework of a college preparatory curriculum and a commitment to teach as Jesus taught, with respect for the dignity of each person and the recognition of the giftedness of each.

We strive to educate our students to be faith-filled Christians prepared to assume the responsibilities and challenges of the adult world.



Philosophy

The teachings of Jesus instruct us to respect the dignity and sacredness of the individual, direct us to accept stewardship by developing our abilities, call us to serve the needs of others and invite us to build the kingdom of God in our world.

Saint Mary High School, a faith-based community of students, parents, faculty, staff and administrators accepts the challenge of these teachings and endeavors through its mission and philosophy to give them tangible form.

It is the responsibility of each member of the community to create an affirming, positive and open environment in which all may benefit from the opportunities for spiritual, academic, social, emotional and physical growth. The primary channel for these opportunities is the educational process. The faculty and staff use their knowledge and experience to nurture the intellectual curiosity of their students, to develop their skills and provide them with direction that is both meaningful and consistent with their needs. By challenging, guiding and modeling, the staff encourages students to be self-disciplined, to respect the rights of others, and to appreciate the diversities which exist within the community.

Saint Mary High School places strong emphasis on the development of the whole person by providing experiences that foster an awareness of self. A full range of courses and activities offers the students opportunities to help them discover their individual potentials and enables them to become leaders. By gaining self-knowledge, self-confidence and self-esteem, students will be able to effectively reach out to others. These are life-long processes that will encourage young people to seek cooperation and collaboration instead of competition. Not only will these Christian lessons, learned and lived, equip them to be participants in a democratic society but will also empower them to fulfill their roles as citizens of the global community.



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Administration

Pastor Reverend Michael J. Kreder
 Principal Mr. Roy Corso
 Pastoral Administrator Fr. Charles Hartling
 Vice Principal Ms. Marcella A. Schrank

Division Heads

Director of Athletics
 and Dean of Discipline . . . Mr. Matthew Stone
 Director of Development
 and Alumni Mr. Michael Sheridan
 Director of Guidance Mrs. Ann Georgetti



General Information

Location 64 Chestnut Street, Rutherford, NJ 07070
 Main Telephone Number . . . 201.933.5220
 Fax Number 201.933.0834
 Web Site www.stmaryhs.org
 History Saint Mary High School was founded in 1929 by the Dominican Sisters of Caldwell under the guidance of Msgr. Charles T. Tischler, pastor of Saint Mary Church.
 Saint Mary is a comprehensive co-educational Catholic high school that includes grades 9-12.

Enrollment 340 Students
 Student/Teacher Ratio 10:1
 Average Class Size 16
 Accreditation The Middle States Association of Colleges and Secondary Schools
 Membership National Catholic Education Association
 Bergen County Personnel and Guidance Association
 Faculty 40 faculty members (37 lay teachers, 3 religious and 2 counselors)
 Composition The student body of Saint Mary High School consists of students from over 43 cities/towns. Communities include the counties of Bergen, Essex, Suburban Essex, Hudson, North Hudson and Passaic.
 Transportation Saint Mary is easily accessible by public transportation (the bus stop is on the corner and the train station is one block away from Saint Mary). It is close to the major highways – Routes 17, 46, 3 and 21.



Welcome to the Saint Mary Family



This brochure has been written to provide you with important information about one of the most exciting high schools in New Jersey. We pride ourselves on sharing a family atmosphere in our school. Students and staff have created an environment where one is able to effectively develop spiritually, academically, emotionally, socially and physically. We have often been referred to as “the best kept secret in Bergen County” and we enjoy this statement! Saint Mary High School is committed to maintaining a small high school. Students and faculty get to know each other quickly, and work together effectively. Students come from forty-four different communities which add to the rich tradition of the school. The diversity that the students bring to the school is a microcosm of the world and prepares them for the journey of life. Research supports the concept of maintaining a small high school, because it allows students to reach their potential under the watchful eye of a warm and caring faculty. It has a faculty that embraces the young students and assists them in developing feelings of self-worth. Saint Mary High School has an impressive small teacher to student ratio that one cannot find in most high schools. Education at Saint Mary High School is not a race, but rather an exciting journey. It is a journey for life.

The curricula at Saint Mary High School are academically competitive. Teachers are continually exploring current educational research for instructional strategies and interactive learning that promote critical thinking that is “outside the box.” Making learning meaningful through real life experiences is paramount. We have a highly qualified and committed faculty. Our instruction is differentiated, and caters to the essential and individual needs of the student. Students have been awarded millions of dollars through academic and athletic scholarships and have graduated from the finest colleges and universities.

We have enjoyed an outstanding reputation in athletics. Many of our students have gone on to play sports, from Division III to Division I, and have gained prestige for themselves and the Saint Mary community. The small school setting promotes the young and unsure athlete to reach his/her potential. No student talent is overlooked at Saint Mary, from the athlete, to the boy or girl who wants to participate in an extra-curricular activity other than sports. Our rich history includes many sectional and state championships in all areas. Come join us and share in the outstanding history of the school. Saint Mary is the place where the leaders of tomorrow are developed today!

Sincerely,

A handwritten signature in black ink that reads "Roy J. Corso".

Roy J. Corso
Principal

Admissions

Saint Mary High School seeks young men and women who are willing to undertake a serious college preparatory curriculum and adhere to the code of conduct set forth by the administration. Admissions decisions are based on the following:

- The Newark Archdiocesan Entrance Examination.
- Satisfactory grammar school record (grades 6-8). Transcript records should be forwarded directly to the school.
- Recommendations of grammar school principals or counselors.

Transfer students are also considered for admission based upon their performance at their current school, standardized test scores, courses completed prior to applying to Saint Mary and a completed application. Interviews are required for all transfer students.

Information regarding the Archdiocesan Entrance Exam can be obtained from your parish elementary school or from Saint Mary. For further information, call the Archdiocesan Office at 1-800-538-9547 weekdays between 11:00 A.M. and 8:00 P.M.

Curriculum



College Prep Honors

Freshman

- Religious Studies
- English H
- Algebra I H or Algebra II
- World History H
- Biology I or Chemistry I H
- Language
 - Latin I
 - French I and II
 - Spanish I and II
- Phys Ed 9/Health/
• Music Appreciation

Sophomore

- Religious Studies
- English H
- Geometry H or Algebra II H
- Chemistry H
- Language
 - Latin II
 - French II and III
 - Spanish II and III
- Computer Technology I
- Phys Ed 10/Driver Ed/
• Art Appreciation

Junior

- Religious Studies
- English H
- Algebra II H or Geometry H
or Pre-Calculus H
- U.S. History I or A.P. U.S. History I
- A.P. Biology or A.P. Chemistry
- Anatomy/Physiology or Physics
- Language
 - French III and IV
 - Spanish III and IV
- Phys Ed 11/First Aid/SAT Prep
- Elective

Senior

- Religious Studies
- A.P. English or English H
- A.P. Calculus or Calculus H
- A.P. U.S. History or U.S. History II
- A.P. Biology or A.P. Chemistry
- A.P. Physics/Physics Honors
- Language
 - French IV
 - Spanish IV
- Phys Ed 12/Life Skills
- Service
- Elective

Elective Courses

- Accounting I or II
- Art I, II, III
- Astronomy
- Citizens' Law
- Conversational English
- Creative Writing
- Current Events
- Desktop Publishing

College Prep

Freshman

- Religious Studies
- English
- Algebra I or Pre-Algebra
- World History
- Biology I
- Language
 - Latin I
 - French I and II
 - Spanish I and II
- Phys Ed 9/Health/
• Music Appreciation

Sophomore

- Religious Studies
- English
- Algebra II
- Chemistry or Astronomy
- Language
 - Latin II
 - French II and III
 - Spanish II and III
- Computer Technology
- Phys Ed 10/Driver Ed/
• Art Appreciation

Junior

- Religious Studies
- English
- Algebra II or Geometry
- U.S. History I
- Chemistry or Astronomy
- Physics
- Language
 - French III and IV
 - Spanish III and IV
- Phys Ed 11/First Aid/SAT Prep
- Elective

Senior

- Religious Studies
- English
- Astronomy or Physics
- U.S. History II
- Pre-Calculus or Calculus
- Language
(strongly recommended)
- Phys Ed 12/Life Skills
- Service
- Electives

- Earth Science
- Film Study
- Internship/Externship
- Multimedia
- Music
- Portfolio Art
- Psychology/Sociology
- Yearbook Journalism

Graduation Requirements



Religious	20 credits
English	20 credits
Mathematics	15 credits
History	15 credits
Science	15 credits
Language	10 credits
Fine or Applied Arts	5 credits
Phys Ed	8 credits (2 per year)
Service	1.5 credits
Electives	15 credits
Technology	5 credits
Total Credit Hours Required	129.5

Christian Service and Ministry

When we give of ourselves to others, we grow in return.

For students at Saint Mary High School, our Patroness Mary can serve as a primary example, since she was the first among the apostles. Saint Mary High School offers numerous opportunities for our students to become involved in Community Service and Apostolic Ministry.

Volunteer Service is a requirement for all students attending Saint Mary High School as well as an obligation as members of a Catholic High School. Selected from among our Peer Ministers, several young men and women are trained to serve in Liturgical Ministry, as Servers, Lectors and Eucharistic Ministers.

The Key Club offers innumerable opportunities for students looking to become more involved in ministering to others. Throughout the school year our students participate in peer-led Retreats and celebrate Eucharist in our Parish Church.

The Student Council also creates many opportunities for service to the school and the greater community. By the time students graduate from Saint Mary High School, they will have participated in over 150 hours of service and ministry.



Guidance



As a college preparatory school, Saint Mary High School is committed to helping each student develop the gifts and talents given to them by God. The Guidance Department strives to prepare students to gain acceptance into college. Early on, the Guidance staff helps each student get the most out of their years at Saint Mary. Students may want advice about selecting or changing courses, selecting a college, or finding a job. Through the use of standardized testing, PSAT and SAT scores, and academic reports, the guidance counselors monitor the progress of each student.

Students are prepared from freshman year for the PSAT's and SAT's through weekly classes. The Guidance Department begins discussing post-high school plans during sophomore year. In Junior year, counselors meet with students to disseminate information according to a timeline that should be followed. Counselors are available to students and parents to assist them in all areas of the college application process. This past year, 98% of the graduating class was accepted to college.

Computer Technology



Saint Mary High School provides its students with access to the latest computer hardware and software. With over 120 computer workstations and laptops, two computer labs, and a digital media commons; Saint Mary provides a wealth of ways for students to access our online digital library subscriptions, office productivity software and the Internet.

Our computer studio features professional graphical, audio, and video editing software that teachers incorporate into their class lessons. Twelve classrooms have permanent LCD projectors that can be utilized for presenting or for displaying one of the 15,000 videos offered from Discovery Channel United streaming service.

A powerful one gigabit network backbone and complete campus wireless connectivity ensures that students will receive the fastest possible connection to network resources, video/audio, and the Internet.



Student Activities

Saint Mary's also offers some 20 non-athletic extra-curricular activities including:

- Chess Club
- Chrysalis (Literary magazine)
- Drama Club
- Forensics Club
- French Honor Society
- Highlander (Newspaper)
- H.O.P.E. (Helping Our Planet Earth)
- Key Club
- Korean Club
- Math Club
- Mock Trial
- Modeling Club
- National Honor Society
- Prom Committee
- Spanish Honor Society
- St. Joseph's Club
- Student Council
- Veritas (Yearbook)



Athletics



Saint Mary encourages each student to participate in at least one extra-curricular activity or sport.

Athletically, Saint Mary is a member of the New Jersey State Interscholastic Athletic Association (NJSIAA) and competes in the NJSIAA Non-Public Group B Division. Saint Mary is also a member of the Bergen County Scholastic National/Olympic Division.

Most sports also offer competition on the freshman and/or junior varsity levels.

Varsity sports include the following:

	Fall	Winter	Spring
Boys	Cross Country Football Soccer	Basketball Wrestling Bowling	Baseball Track
Girls	Cheerleading Cross Country Soccer Volleyball	Basketball Cheerleading Bowling	Softball Track





Saint Mary High School

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Saint Mary High School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school.
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